## TRANSTHORACIC VENTRICULAR DEFIBRILLATION OF HUMANS: EFFICIENCY OF BIPHASIC WAVEFORM

V.A.Vostrikov, K.V.Rasumov, P.V.Holin
Institute for General Reanimatology, Hospital № 81, CCU, Moscow-Russia

**BACKGROUND:** At present is known very little about the efficacy of biphasic pulses (Bi) for transthoracic defibrillation of man (2).

**OBJECTIVE:** We have begun a prospective clinical evaluation of efficacy of quasisinusoidal asymmetrical pulses in defibrillation of humans.

**METHODS:** The waveforms of current had second phases = 40-60% of the first ones (P1). 32 patients (pts) received 66 shocks for ventricular fibrillation (VF). 26 pts received these shocks for spontaneous VF. 6 other pts had induced VF. The operator selected an initial shock energy setting of 10-65 Joule (J). Maximum stored energy was 190 J. Diameters of hand-held electrode paddles were 11.5/11.5 cm and 8/8 (5 pts). The actual transthoracic impedance (TTI, Ohms), delivered energy (DE, J) and peak current (I<sub>1</sub>, A) were measured for each shock.

**RESULTS** (mean  $\pm$  SD ): The defibrillation was successful in all the patients. Rescue shocks = 42, I<sub>1</sub> = 18.6  $\pm$  6.1 (7.5-34) A, DE = 73  $\pm$  39 (12-185) J, TTI = 62  $\pm$  22 (22-117) Ohms.

## **DISCUSSION:**

Peak current (A)	Successful/ Mono	total shocks Bi	Success, Mono	% Bi
<u>≤</u> 17	0/10	17/26	0	65
18-21	2/15	11/18	13	61

Table. Comparison of efficacy of biphasic pulses with monophasic pulses (Mono) in transthoracic defibrillation. Low peak currents versus shock success/total shocks. Mono-damped sinusoid pulse (1).

**CONCLUSION:** Our preliminary investigations demonstrate much larger efficiency of biphasic pulses applied for transthoracic defibrillation, than monophasic pulses.

## **REFERENCE:**

- 1. Kerber R. et al. Circulation. 1988; 77 (5): 1038-46.
- 2. Vostrikov V. et al. Amer. Heart J. 1994; 128 (3): 638.